



Adam Scott C.V.I. LAIR Application, Informed Consent and Waiver

Adam Scott C.V.I. High is pleased to provide a Fitness Center (called the LAIR) for your son/daughter's use and enjoyment. However, each person's physical condition is unique to that individual. Only you can know what physical conditions you might have. Physical exercise is great for your health, but there are certain risks associated with the use of physical exercise equipment and working out.

We urge all members and guests to obtain a physical examination prior to beginning your workout program. By choosing to become a member of our facility, be aware that you are knowingly and voluntarily waiving any claims or causes of action against the Kawartha Pine Ridge District School Board, its employees, and the supervisors of our Fitness Center for injuries which may occur while you are present on our school premises.

Memberships can be purchased with cash or cheques should made payable to Adam Scott C.V.I. Receipts will be made available if requested.

AMOUNT PAID	PLACE CHECK-MARK	CIRCLE
Semester One Membership (good until January 31 st)	\$30 _____	cash cheque
Winter Membership (good from November 1 st to March 31 st)	\$30 _____	cash cheque
Semester Two Membership (good from Feb. 1 st to June 22 nd)	\$30 _____	cash cheque
Full Year Membership (good until June 22 nd)	\$50 _____	cash cheque

Members are expected to change into athletic clothing and to wear clean running shoes into the LAIR. Long pants (jeans), undershirts, hats and boots are not permitted. Food is also not permitted in the LAIR, however students are encouraged to bring their own water bottle. Members are expected to use the equipment for it's intended use and to respect the safety of other members.

By signing this sheet, you agree that the use of all facilities will be at your own sole and exclusive risk. You also waive any claim damages, loss or theft of your property arising out of or in connection with use of the LAIR. We encourage all members to leave their valuables in their lockers and not in the change room.

Student Name: _____ Home Phone # _____

Student Signature: _____

Parent Signature: _____